



APPLICATION GUIDE

Step 1: Nail Prep - Gel Polish Colour

- Santise your own and your customer's hands.
 - Push back and trim excess cuticles.
 - File nails into shape using a grit file.
 - Gently buff nails using a grit buffer to remove any shine.
 - Dehydrate and cleanse the nail plate using 100% pure acetone. No 'prep-and-wipe' or 'scrub-fresh' solutions.
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Step 2: Base Coat - Gel Polish Colour

- Apply a thin and precise layer of TGH base coat or TGH rubberbBase coat.
 - Seal the free edge.
 - Cure using the LED or UV Lamp.
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Step 3: First Layer - Gel Polish Colour

- Apply the first layer of a TGH Polish colour of your choice and seal the free edge.
- Cure using LED or UV lamp.

Step 4: Second Layer - Gel Polish Colour Step

- Apply the second layer of a TGH gel polish colour of your choice and seal the free edge.
 - Cure using the LED or UV lamp.
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Step 5: Top Coat - Gel Polish Colour

- Apply TGH extreme shine top coat, TGH rubber top coat or TGH matte top coat and seal the free edge.
- Cure using UV or LED lamp.
- No need to wipe or cleanse after curing. **ALL** TGH coats are non-wipe.

Step 1: Gel polish Removal

- Santise your own and your customer's hands.
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Step 2: Top Coat Removal - Gel Polish Removal

- File off the top coat with 120/180 grit file.
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Step 3: Soak Off - Gel Polish Removal

- Soak lint free wipes in plenty of 100% acetone and wrap in foil or place (folded) on each finger. Leave to soak for 10 to 15 minutes, times may vary depending on the products used, nail art, glitter, and number of layers.
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Step 4: Removal - Gel Polish Removal Step

- Start removing one nail at a time, while keeping the rest in acetone. If taken out all at the same time the gel will begin to reset and go hard.
 - Do not force the gel off, if it is still hard, allow the gel to soak for longer.
 - Use a cuticle pusher to remove any remaining soaked gel.
 - Make sure you support the customer's natural nail tip with your finger while removing the gel to avoid bending or snapping the nail.
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Step 5: Buff and Shape - Gel Polish Removal Step

- If there is any base coat residue left, use a 100/180 grit buffer to gently buff it off.
- If you are performing another gel application, any TGH base coat left on the nail plate needs to be only slightly buffed to avoid over buffing the natural nail, concentrating on areas around the cuticles.

Step 1: Prep - Nail Extensions Removal

- Santise your own and your customer's hands.
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Step 2: Length - Nail Extensions Removal

- Using a e-file (if you are e-file trained) or with a 120/180 grit file reduce the length of the extension.
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Step 3: Top Coat Removal - Nail Extensions Removal

- File off the TGB top coat using a 120/180 grit file.
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Step 4: Soak Off - Nail Extensions Removal

- Fill two manicure bowls with 100% pure acetone.
- Place customers fingertips into the acetone, ensuring the full length of the nail is submerged.
- Leave for 10-15 minutes.

Step 5: Removal - Nail Extensions Removal Step

- Start removing one nail at a time, while keeping the rest in acetone. If taken out all at the same time the gel will begin to reset and go hard.
 - Do not force the gel off, if it is still hard, allow the gel to soak for longer.
 - Use a cuticle pusher to remove any remaining soaked gel.
 - Make sure you support the customer's natural nail tip with your finger while removing the gel to avoid bending or snapping the nail.
 - Repeat this process until all product has been soaked off.
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Step 6: Buff and Shape - Nail Extensions Removal

- Lightly buff using a 100/180 grit buffer and file nails into shape using a 220/240 grit file.